



FEBRUARY 3–9, 2025

## Spirit

### GOLDEN TEXT

#### **Psalms 62:11**

God has spoken plainly, and I have heard it many times:  
Power, O God, belongs to you;

*The Golden Text is from the Holy Bible,  
New Living Translation.*

### RESPONSIVE READING

#### **Ezekiel 37:1–5, 10, 11 (to 2<sup>nd</sup> :), 12 (to :), 13 ye, 14**

<sup>1</sup> The hand of the Lord was upon me, and carried me out in the spirit of the Lord, and set me down in the midst of the valley which was full of bones,

<sup>2</sup> And caused me to pass by them round about: and, behold, there were very many in the open valley; and, lo, they were very dry.

**3** And he said unto me, Son of man, can these bones live?  
And I answered, O Lord God, thou knowest.

**4** Again he said unto me, **Prophecy upon these bones,  
and say unto them, O ye dry bones, hear the word of the  
Lord.**

**5** Thus saith the Lord God unto these bones; Behold, I will  
cause breath to enter into you, and ye shall live:

**10** So I prophesied as he commanded me, and the breath  
came into them, and they lived, and stood up upon their  
feet, an exceeding great army.

**11** Then he said unto me, Son of man, these bones are the  
whole house of Israel: behold, they say, Our bones are dried,  
and our hope is lost:

**12** Therefore prophecy and say unto them, Thus saith the  
Lord God;

**13** . . . ye shall know that I am the Lord, when I have  
opened your graves, O my people, and brought you up out of  
your graves,

**14** And shall put my spirit in you, and ye shall live, and  
I shall place you in your own land: then shall ye know that  
I the Lord have spoken it, and performed it, saith the Lord.

## SECTION 1

### The Bible

#### 1 | **Romans 8:9 ye (to 1<sup>st</sup> .)**

9 ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

#### 2 | **Psalms 143:10 thou (to 2<sup>nd</sup> ;)**

10 thou art my God: thy spirit is good;

#### 3 | **Psalms 150:1, 2, 6**

1 Praise ye the Lord. Praise God in his sanctuary: praise him in the firmament of his power. 2 Praise him for his mighty acts: praise him according to his excellent greatness.

6 Let every thing that hath breath praise the Lord. Praise ye the Lord.

#### 4 | **Psalms 147:5 (to :)**

5 Great is our Lord, and of great power:

### ***Science and Health with Key to the Scriptures*** **by Mary Baker Eddy**

#### 1 | **278:10–11 (to 1<sup>st</sup> .)**

Spirit, God, is infinite, all.

**2 | 109:32-3**

The three great verities of Spirit, omnipotence, omnipresence, omniscience, — Spirit possessing all power, filling all space, constituting all Science, — contradict forever the belief that matter can be actual.

**3 | 223:7-9**

Matter does not express Spirit. God is infinite omnipresent Spirit. If Spirit is *all* and is everywhere, what and where is matter?

**4 | 264:20 (only)**

Spirit and its formations are the only realities of being.

## SECTION 2

### The Bible

**5 | Jeremiah 32:17**

<sup>17</sup> Ah Lord God! behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee:

**6 | Judges 13:2-4, 8-11, 21 *Then, 24, 25***

<sup>2</sup> And there was a certain man of Zorah, of the family of the Danites, whose name was Manoah; and his wife was barren, and bare not. <sup>3</sup> And the angel of the Lord appeared unto

the woman, and said unto her, Behold now, thou art barren, and bearest not: but thou shalt conceive, and bear a son.

4 Now therefore beware, I pray thee, and drink not wine nor strong drink, and eat not any unclean thing:

8 Then Manoah entreated the Lord, and said, O my Lord, let the man of God which thou didst send come again unto us, and teach us what we shall do unto the child that shall be born. 9 And God hearkened to the voice of Manoah; and the angel of God came again unto the woman as she sat in the field: but Manoah her husband was not with her. 10 And the woman made haste, and ran, and shewed her husband, and said unto him, Behold, the man hath appeared unto me, that came unto me the other day. 11 And Manoah arose, and went after his wife, and came to the man, and said unto him, Art thou the man that spakest unto the woman? And he said, I am.

21 Then Manoah knew that he was an angel of the Lord.

24 And the woman bare a son, and called his name Samson: and the child grew, and the Lord blessed him. 25 And the spirit of the Lord began to move him at times in the camp of Dan between Zorah and Eshtaol.

## 7 | **Psalms 104:1 O Lord, 24, 30**

1 O Lord my God, thou art very great; thou art clothed with honour and majesty.

24 O Lord, how manifold are thy works! in wisdom hast thou made them all: the earth is full of thy riches.

30 Thou sendest forth thy spirit, they are created: and thou renewest the face of the earth.

## ***Science and Health***

### **5 | 335:18–20**

Spirit is eternal, divine. Nothing but Spirit, Soul, can evolve Life, for Spirit is more than all else.

Soul and  
Spirit one

### **6 | 83:13**

The scientific manifestation of power is from the divine nature and is not supernatural, since Science is an explication of nature. The belief that the universe, including man, is governed in general by material laws, but that occasionally Spirit sets aside these laws, — this belief belittles omnipotent wisdom, and gives to matter the precedence over Spirit.

Natural  
wonders

### **7 | 524:31–1**

Does Spirit enter dust, and lose therein the divine nature and omnipotence?

### **8 | 303:5, 10–14**

Multiplication of God's children comes from no power of propagation in matter, it is the reflection of Spirit.

Whatever reflects Mind, Life, Truth, and Love, is spiritually conceived and brought forth; but the statement that man is

conceived and evolved both spiritually and materially, or by both God and man, contradicts this eternal truth.

## 9 | 475:7–13

The Scriptures inform us that man is made in the image and likeness of God. Matter is not that likeness. The likeness of Spirit cannot be so unlike Spirit. Man is spiritual and perfect; and because he is spiritual and perfect, he must be so understood in Christian Science.

Fleshly  
factors unreal

## 10 | 29:14–16, 30–32

Those instructed in Christian Science have reached the glorious perception that God is the only author of man.

The Father-  
hood of God

Man as the offspring of God, as the idea of Spirit, is the immortal evidence that Spirit is harmonious and man eternal.

# SECTION 3

## The Bible

## 8 | Jeremiah 30:11 / *am* (to 1<sup>st</sup> :), 17 (to :), 22

11 I am with thee, saith the Lord, to save thee:

17 For I will restore health unto thee, and I will heal thee of thy wounds, saith the Lord;

22 And ye shall be my people, and I will be your God.

**9 | II Samuel 22:33**

<sup>33</sup> God is my strength and power: And he maketh my way perfect.

**10 | Luke 4:14**

<sup>14</sup> And Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about.

**11 | Luke 6:6–10 *he, 12, 13 (to :), 17***

<sup>6</sup> he entered into the synagogue and taught: and there was a man whose right hand was withered. <sup>7</sup> And the scribes and Pharisees watched him, whether he would heal on the sabbath day; that they might find an accusation against him. <sup>8</sup> But he knew their thoughts, and said to the man which had the withered hand, Rise up, and stand forth in the midst. And he arose and stood forth. <sup>9</sup> Then said Jesus unto them, I will ask you one thing; Is it lawful on the sabbath days to do good, or to do evil? to save life, or to destroy it? <sup>10</sup> And looking round about upon them all, he said unto the man, Stretch forth thy hand. And he did so: and his hand was restored whole as the other.

<sup>12</sup> And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God.

<sup>13</sup> And when it was day, he called unto him his disciples:

<sup>17</sup> And he came down with them, and stood in the plain, and the company of his disciples, and a great multitude of people out of all Judæa and Jerusalem, and from the sea coast of



Tyre and Sidon, which came to hear him, and to be healed of their diseases;

## 12 | **Romans 1:16 / am (to ;)**

<sup>16</sup> I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth;

## ***Science and Health***

### 11 | **316:7**

Christ, Truth, was demonstrated through Jesus to prove the power of Spirit over the flesh, — to show that Truth is made manifest by its effects upon the human mind and body, healing sickness and destroying sin.

### 12 | **183:19–21**

Laws of nature are laws of Spirit; but mortals commonly recognize as law that which hides the power of Spirit.

Laws of  
nature spiritual

### 13 | **416:24–27, 30**

The sick know nothing of the mental process by which they are depleted, and next to nothing of the metaphysical method by which they can be healed.

Evil thought  
depletes

Turn their thoughts away from their bodies to higher objects. Teach them that their being is sustained by Spirit, not by matter, and that they find health, peace, and harmony in God, divine Love.

**14 | 417:5–8, 10–18**

Never tell the sick that they have more courage than strength. Tell them rather, that their strength is in proportion to their courage.

Helpful encouragement

Maintain the facts of Christian Science, — that Spirit is God, and therefore cannot be sick; that what is termed matter cannot be sick; that all causation is Mind, acting through spiritual law. Then hold your ground with the unshaken understanding of Truth and Love, and you will win. When you silence the witness against your plea, you destroy the evidence, for the disease disappears.

**15 | 279:16**

In proportion as the belief disappears that life and intelligence are in or of matter, the immortal facts of being are seen, and their only idea or intelligence is in God. Spirit is reached only through the understanding and demonstration of eternal Life and Truth and Love.

**16 | 411:10**

If Spirit or the power of divine Love bear witness to the truth, this is the ultimatum, the scientific way, and the healing is instantaneous.

## SECTION 4

### The Bible

#### 13 | **Matthew 11:1**

<sup>1</sup> And it came to pass, when Jesus had made an end of commanding his twelve disciples, he departed thence to teach and to preach in their cities.

#### 14 | **Matthew 15:39**

<sup>39</sup> And he sent away the multitude, and took ship, and came into the coasts of Magdala.

#### 15 | **Matthew 16:5–8, 11, 12**

<sup>5</sup> And when his disciples were come to the other side, they had forgotten to take bread. <sup>6</sup> Then Jesus said unto them, Take heed and beware of the leaven of the Pharisees and of the Sadducees. <sup>7</sup> And they reasoned among themselves, saying, It is because we have taken no bread. <sup>8</sup> Which when Jesus perceived, he said unto them, O ye of little faith, why reason ye among yourselves, because ye have brought no bread?

<sup>11</sup> How is it that ye do not understand that I spake it not to you concerning bread, that ye should beware of the leaven of the Pharisees and of the Sadducees? <sup>12</sup> Then understood they how that he bade them not beware of the leaven of bread, but of the doctrine of the Pharisees and of the Sadducees.

**16 | Luke 13:18, 21**

<sup>18</sup> Then said he, Unto what is the kingdom of God like? and whereunto shall I resemble it?

<sup>21</sup> It is like leaven, which a woman took and hid in three measures of meal, till the whole was leavened.

**17 | Luke 10:2 The, 3 (to :), 5, 9**

<sup>2</sup> The harvest truly is great, but the labourers are few: pray ye therefore the Lord of the harvest, that he would send forth labourers into his harvest. <sup>3</sup> Go your ways:

<sup>5</sup> And into whatsoever house ye enter, first say, Peace be to this house.

<sup>9</sup> And heal the sick that are therein, and say unto them, The kingdom of God is come nigh unto you.

***Science and Health*****17 | 117:29**

Jesus bade his disciples beware of the leaven of the Pharisees and of the Sadducees, which he defined as human doctrines. His parable of the “leaven, which a woman took, and hid in three measures of meal, till the whole was leavened,” impels the inference that the spiritual leaven signifies the Science of Christ and its spiritual interpretation, — an inference far above the merely ecclesiastical and formal applications of the illustration.

Leaven  
of Truth

**18 | 118:13**

In their spiritual significance, Science, Theology, and Medicine are means of divine thought, which include spiritual laws emanating from the invisible and infinite power and grace. The parable may import that these spiritual laws, perverted by a perverse material sense of law, are metaphysically presented as three measures of meal, — that is, three modes of mortal thought. In all mortal forms of thought, dust is dignified as the natural status of men and things, and modes of material motion are honored with the name of *laws*. This continues until the leaven of Spirit changes the whole of mortal thought, as yeast changes the chemical properties of meal.

The divine  
and human  
contrasted

**19 | 182:19–26, 30–4**

Obedience to material law prevents full obedience to spiritual law, — the law which overcomes material conditions and puts matter under the feet of Mind. Mortals entreat the divine Mind to heal the sick, and forthwith shut out the aid of Mind by using material means, thus working against themselves and their prayers and denying man's God-given ability to demonstrate Mind's sacred power.

No  
material law

To admit that sickness is a condition over which God has no control, is to presuppose that omnipotent power is powerless on some occasions. The law of Christ, or Truth, makes all things possible to Spirit; but the so-called laws of matter would

render Spirit of no avail, and demand obedience to materialistic codes, thus departing from the basis of one God, one law-maker.

## 20 | 146:2-5, 9

The ancient Christians were healers. Why has this element of Christianity been lost? Because our systems of religion are governed more or less by our systems of medicine.

How healing  
was lost

Such systems are barren of the vitality of spiritual power, by which material sense is made the servant of Science and religion becomes Christlike.

## 21 | 202:26

We admit that God has almighty power, is “a very present help in trouble;” and yet we rely on a drug or hypnotism to heal disease, as if senseless matter or erring mortal mind had more power than omnipotent Spirit.

Belief and  
practice

## 22 | 228:25 (only)

There is no power apart from God.

## 23 | 151:4-13

Infinite Mind could not possibly create a remedy outside of itself, but erring, finite, human mind has an absolute need of something beyond itself for its redemption and healing.

Disease  
mental

Great respect is due the motives and philanthropy of the higher class of physicians. We know that if they understood the Science of Mind-healing, and were in possession of the enlarged power it confers to benefit the race physically and spiritually, they would rejoice with us.

Intentions  
respected

## 24 | 17:1-3

Thy will be done in earth, as it is in heaven.

*Enable us to know, — as in heaven, so on earth, —  
God is omnipotent, supreme.*

## SECTION 5

### The Bible

## 18 | Psalms 143:1, 6, 7 (to 2<sup>nd</sup> :)

<sup>1</sup> Hear my prayer, O Lord, give ear to my supplications: in thy faithfulness answer me, and in thy righteousness.

<sup>6</sup> I stretch forth my hands unto thee: my soul thirsteth after thee, as a thirsty land. <sup>7</sup> Hear me speedily, O Lord: my spirit faileth:

## 19 | Psalms 51:12

<sup>12</sup> Restore unto me the joy of thy salvation; and uphold me with thy free spirit.

**20 | Isaiah 49:8 (to :)**

<sup>8</sup> Thus saith the Lord, In an acceptable time have I heard thee, and in a day of salvation have I helped thee:

**21 | Genesis 8:22**

<sup>22</sup> While the earth remaineth, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease.

**22 | Acts 2:17, 18**

<sup>17</sup> And it shall come to pass in the last days, saith God, I will pour out of my Spirit upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams: <sup>18</sup> And on my servants and on my handmaidens I will pour out in those days of my Spirit; and they shall prophesy:

**23 | I Corinthians 2:12**

<sup>12</sup> Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

***Science and Health*****25 | 96:5-11 (to 1<sup>st</sup>.)**

Before error is wholly destroyed, there will be interruptions of the general material routine.

The darkest  
hours of all



Earth will become dreary and desolate, but summer and winter, seedtime and harvest (though in changed forms), will continue unto the end, — until the final spiritualization of all things.

## 26 | 270:14

The prophets of old looked for something higher than the systems of their times; hence their foresight of the new dispensation of Truth. But they knew not what would be the precise nature of the teaching and demonstration of God, divine Mind, in His more infinite meanings, — the demonstration which was to destroy sin, sickness, and death, establish the definition of omnipotence, and maintain the Science of Spirit.

Prophetic  
ignorance

## 27 | 124:25–26 (to 1<sup>st</sup>.)

Spirit is the life, substance, and continuity of all things.

## 28 | 512:8–9

Spirit is symbolized by strength, presence, and power, and also by holy thoughts, winged with Love.

## 29 | 96:4–5

Love will finally mark the hour of harmony, and spiritualization will follow, for Love is Spirit.

**30 | 249:6–9**

Let us feel the divine energy of Spirit, bringing us into newness of life and recognizing no mortal nor material power as able to destroy. Let us rejoice that we are subject to the divine “powers that be.”

Renewed  
selfhood

## SECTION 6

### The Bible

**24 | I Chronicles 29:11**

<sup>11</sup> Thine, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is thine; thine is the kingdom, O Lord, and thou art exalted as head above all.

**25 | Psalms 77:13 *who***

<sup>13</sup> who is so great a God as our God?

### *Science and Health*

**31 | 78:23–24, 28–30**

How can the majesty and omnipotence of Spirit be lost? Spirit blesses man, but man cannot “tell whence it cometh.” By it the sick are healed, the sorrowing are comforted, and the sinning are reformed.

**32 | 17:12–15**

For Thine is the kingdom, and the power, and the glory,  
forever.

*For God is infinite, all-power, all Life, Truth, Love,  
over all, and All.*

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